Adoption-Related Books and Resources  
Organized by Topic/Genre

Attachment
  • *Attaching In Adoption: Practical Tools for Today's Parents* — Deborah Gray  
  • *Building the Bonds of Attachment* — Daniel Hughes

Behavioral
  • *Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children With Severe Behaviors* Volume 1 — Heather Forbes, LCSW B. Bryan Post, PhD, LCSW  
  • *Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children With Severe Behaviors* Volume 2 — Heather Forbes, LCSW  
  • *Driven to Distraction: Recognizing and Coping With Attention Deficit Disorder from Childhood Through Adulthood* — Edward Hallowell and John Ratey  
  • *Socially ADDept (For Parents of Children with ADHD and/or Learning Disabilities)* — Janet Giler

Children's Books
  • *A Mother for Choco* — Keiko Kasza  
  • *Robbie's Trail through Adoption* — Adam Robe  
  • *Rosie's Family: An Adoption Story* — Lori Rosove  
  • *Because Somebody Loves Me Dottie Ward* — Wimmer & Bruce Hershfield  
  • *Finding the Right Spot (When Kids Can't Live with Their Parents)* — Janice Levy  
  • *How Are You Peeling?* — Saxton Freymann & Joost Alffers  
  • *I Miss My Foster Parents* — Stefon Herbert  
  • *Laughter in the Wind* — Donna Myers Trunz

Drug/Alcohol Exposure
  • *Fetal Alcohol Syndrome: A Guide for Families and Communities* — Ann Streissguth  
  • *Our F.A.Scinating Journey: Keys to Brain Potential Along the Path of Prenatal Brain Injury* — Liz Kulp  
  • *The Best I Can Be: Living with Fetal Alcohol Syndrome Effects* — Liz Kulp and Jodee Kulp

Mental Health
  • *Straight Talk About Psychiatric Medications for Kids* — Timothy Wilenes  
  • *The Bi-polar Child* — Demitri and Janice Papalos
Non-Fiction

- *Adoption: Stories of Lives Transformed* — Dr. Dixie van de Flier Davis
- *The Jonathon Letters* — Michael Trout and Lori Thomas
- *Three Little Words* — Ashley Rhodes-Courter
- *Adoption Nation (How the Adoption Revolution is Transforming America)* — Adam Pertman
- *Children of the Dragonfly (Native American Voices on Child Custody and Education)* — Robert Bensen
- *Looking for Lost Bird: (A Jewish Woman Discovers Her Navajo Roots)* — Yvette Melanson
- *Nothing Good Ever Happens to Me (An Adoption Love Story)* — Caroline Lindsay
- * Somebody's Someone (A Memoir)* — Regina Louise
- *Swings Hanging From Every Tree (Daily Inspirations for Foster & Adopting Parents)* — Susan Stone

Parenting

- *Adoption Lifebook: A Bridge to Your Child's Beginnings* — Cindy Probst
- *Adoption Parenting: Creating a Toolbox, Building Connections* — Edited by Jean MacLeod and Sheena Macrae, PhD
- *Being Adopted: The Lifelong Search for Self* — David Brodzinsky, Marshall Schechter and Robin Marantz Henig
- *Born for Love* — Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz
- *Brothers and Sisters in Adoption: Helping Children Navigate Relationships When New Kids Join the Family* — By Arleta Jame
- *Lifebooks: Creating a Treasure for the Adopted Child* — Beth O’Malley
- *Our Own: Adopting and Parenting the Older Adopted Child* — Trish Maskew
- *Parenting With Love and Logic* — Jim Fay and Foster Cline
- *Parenting your Older Adopted Child: How to Overcome the Unique challenges and Raise a Happy, Healthy Child* — Brenda McCreight
- *The Explosive Child* — Ross W. Greene, PhD
- *The Out of Sync Child: Recognizing and Coping with Sensory Integration Dysfunction* — Carol Stock Kranowitz
- *The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family* — Jayne Schooler and Thomas Atwood
- *To Grandma's House We......Stay* — Sally Houtman, M.S.
- *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew* — Sherrie Eldridge
- *Adoption is a Family Affair (What Relatives and Friends Must Know)* — Patricia Johnston
- *From Boys to Men* — Micheal Gurian
• **Healing Power of the Family (Illustrated Overview of Life with the Disturbed Foster or Adopted Child)** — Richard J. Delaney
• **It’s All Good Hair** — Michele Collison
• **Kinki Kreations (A Parents Guide to Natural Black Hair Care for Kids)** — Jena Renee Williams
• **Odd Girl Speaks Out (Girls Write about Bullies, Cliques, Popularity and Jealousy)** — Rachel Simmons
• **Queen Bees and Wannabes (Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence)** — Rosalind Wiseman
• **Raising Adopted Children** — Lois Ruskai Melina
• **Raising Cain (Caring for Troubled Youngsters, Repairing Our Troubled System)** — Richard J. Delaney
• **Real Parents, Real Children: Parenting the Adopted Child** — Holly Van Gulden
• **Telling the Truth to Your Adopted or Foster Child** — Betsy Keefer & Jayne Schooler
• **Twenty Life Transforming Choices Adoptees Need to Make** — Sherrie Eldridge

**Teens**

• **Beneath the Mask: Understanding Adopted Teens** — Debbie Riley, M.S. and John Meeks, M. D.
• **Parenting Adopted Adolescents: Understanding & Appreciating Their Journeys** — Gregory C. Keck, PhD
• **Born Beautiful (The African American Teenager’s Complete Beauty Guide)** — Alfred Fornay
• **Chicken Soup for the Teenage Soul** — Jack Canfield, Mark Hansen & Kimberly Kirberger

**Transracial**

• **Does Anyone Else Look Like Me? A Parent’s Guide to Raising Multicultural Children** — Donna Jackson Nakazawa
• **I’m Chocolate, You’re Vanilla: Raising Healthy Black and Biracial Children in a Race Conscious World** — Marguerite Wright

**Trauma**

• **A Child’s Journey Through Placement** — Vera Fahlberg
• **Adopting the Hurt Child: Hope for Families With Special Needs Kids, A Guide for Parents and Professionals** — Gregory Keck and Regina Kupecky
• **Children and Trauma** — Cynthia Monahon
• **Healing Trauma: Attachment, Mind, Body and Brain** — Marion Fried Solomon and Daniel J. Siegel
• **Parenting the Hurt Child: Helping Adoptive Families Heal and Grow** — Gregory Keck and Regina Kupecky
• *The Boy Who Was Raised as a Dog* — Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz

• *Nurturing Adoptions: Creating Resilience After Neglect and Trauma* — Deborah D. Gray

• *Troubled Transplants (Unconventional Strategies for Helping Disturbed Foster & Adopted Children)* — Richard J. Delaney